

## Emergency/Crisis Hotlines

| Services & Resource Type | Resource Name  | Phone #   | Email/Website/Information  |
|--------------------------|--|---|--|
| Mental Health            | National Domestic Violence Hotline                           | 1-800-799-7233  | <a href="https://www.thehotline.org/">https://www.thehotline.org/</a>  |
| Mental Health            | Crisis Text Line   | Text DESERVE to 741-741   | <a href="https://www.crisistextline.org/">https://www.crisistextline.org/</a>  |
| Mental Health            | Suicide and Crisis Hotline                                   | 988   | <a href="https://988lifeline.org/?utm_source=google&amp;utm_medium=web&amp;utm_campaign=onebox">https://988lifeline.org/?utm_source=google&amp;utm_medium=web&amp;utm_campaign=onebox</a>  |
| Mental Health            | Essential local and community services                       | 211   | <a href="https://www.211.org/get-help/mental-health">https://www.211.org/get-help/mental-health</a>  |
| Substance Use Disorder   | National Council on Alcoholism and Drug Dependency Hope Line | 1-800-622-2255<br><a href="tel:800662HELP">800-662-HELP</a><br>(4357) | <a href="https://ncadd.us/">https://ncadd.us/</a><br><a href="https://ncadd.us/index.php/get-help/get-immediate-help">https://ncadd.us/index.php/get-help/get-immediate-help</a><br><a href="https://www.samhsa.gov/">https://www.samhsa.gov/</a><br><a href="https://findtreatment.gov/">https://findtreatment.gov/</a> |
| Veterans                 | Veterans Crisis Line   | Dial 988, then press 1  | <a href="http://www.veteranscrisisline.net">www.veteranscrisisline.net</a>   |