GRADUATION CEREMONY FOR CLASS OF 2018
EAST/WEST UNIVERSITY

THE 36th East-West University Graduation Ceremony will take place on Saturday, June 16, 2018 at 10:00 a.m. at the Hilton Chicago, 720 South Michigan in the Grand Ballroom on the 2nd Floor.

2018 VALEDICTORIAN IS MR. MARIO SMITH, COMPUTER SCIENCE MAJOR.

Mario provided the following fun facts about himself.

Name: Mario Smith
Major: Computer Science
Zodiac Sign: Aquarius
Hobbies: PC and Platform Gaming, bowling, cooking/grilling
Favorite Color: Blue
Favorite Movie Genre: Horror
Team Marvel or Team DC: Team Marvel

A Little known factoid about Me: I work 3 jobs

ALUMNI SPEAKER OF GRADUATION 2018 ANA CANELO, BA IN MATHEMATICS, CLASS OF 2010.

Ana Canelo is an East-West University Alumni who graduated with her Bachelor of Mathematics in 2010. During her time at the university she was the Assistant to the Director of Mathematics, Dr. Supha Phinaitrup, who encouraged her and pushed her towards her full potential. While she was a student at East-West, Ana remained on the Dean’s List, Honor Roll, performed poetry at the university, and was a scholarship recipient. Upon leaving East-West University, she further pursued her education, ultimately obtaining a doctorate in chiropractic medicine from Northwestern Health Sciences University in 2017. She currently works for Airrosti Rehab Centers in San Antonio, Texas as a Certified Provider.

Ana has had a plethora of experience in professional positions that include being a professional interpreter and a Spanish teacher, working in the fitness arena for some time, and a long history of working in the chiropractic industry. Ana recently worked as an intern in both the Institute for Orthopedics and Chiropractic and Lakeville Family Health Center. Her volunteer experience includes working in Chicago hospitals such as Good Samaritan Hospital and Gottlieb Memorial Hospital. Ana emigrated from Mexico to Chicago at the young age 10 years old. Despite facing initial obstacles like language barriers early on in her education, and being a single mom as she pursued higher education, Ana did not falter in her pursuit of her dreams. She continued to push herself with the help of her family, her friends, and her mentors at East-West University. Ana set her goals, and achieved them, no matter what came her way. Now with a son in middle school, and promising career, Ana is enjoying the life she built for her and her son in Texas.

A LETTER TO THE CLASS OF 2018
BY KAMILAH MONTGOMERY

Four years ago, like most of you, I wasn’t sure how I would make it to see 2018. In July 2013 I sat in my advisor’s office at Truman College crying, confused, and shell-shocked by the news that I would not be able to register for the fall semester because of financial aid issues. I was thirteen credit hours away from receiving my Associates degree in Journalism. Everything I worked so hard for abruptly stopped. I knew my strengths and I understood my weaknesses. So, I gathered myself and walked out of Truman forever. Standing on the train, I saw a banner that read “Be the One - classes start September 30, 2013”.

I arranged a campus visit with Anna and she registered me on the spot. September 30, 2013, my 21st birthday and first day at East West University. Honestly, I haven’t looked back since that very day. These specific events changed my life, exposed me to perseverance, and challenged me to make a positive impact at East West University.

So, to the Class of 2018, congratulations, we made it, and yes we did it. We survived four or maybe five years of studying for midterms, final exams and presentations. We’ve conquered notorious professors like Dr. Polski, Dr. Karishma, Dr. Khan, and Dr. Wilke. We’ve learned from the best, and will never forget those who’ve always listened, replied back, stayed late, recommended and encouraged us to be our very best.

To the graduates of 2018, may the trials you face become your greatest endeavors. May you find peace and comfort in your dreams, never losing sight of your ambitions. May you be kind to those who will idolize you in the years to come. And may you never forget the University that birthed educated, talented and original graduates. Congratulations and keep going!!!
Sofia Mikolash-Georgiev, Business Administration major, class of 2016, on receiving Alumnus of the Year award.

Sofia came to the United States on September 22, 2000. At that time, she worked with a family who had recently adopted a Korean boy. Sofia treasured this experience and maintains a close relationship with the family to this day. Also, Sofia owned a coffee house in Chicago and often organized baking classes for children which was an educational and fun experience for the whole family in Chicago’s Jefferson Park neighborhood. This experience as a small business owner enabled Sofia to bring invaluable experience later to her founding of an organization.

In February 2013 Sofia created the Ukrainian Women in Business (UWB), a non-profit organization which assists the Ukrainian community with small business ventures. Presently, she is the Executive Director. This outcome was her lifelong desire to find a perfect outlet for her spirit. She established the UWB with the intent to utilize her sense for business and a desire to help the Ukrainian community not only through small business ventures, but also to support her charity work with orphans in the Ukraine. Sofia also has experience in marketing and public relations. She is someone who loves life and has pride being a Ukrainian-American women entrepreneur. She is always willing and happy to help someone in need. From 1995 to 2000, Sofia got her Bachelor’s degree in Business Administration and her Master of Science degree in Finance from Prykarpattya National University in the Ukraine. Later when Sofia was in the United States she began her studies at East-West University and received her Bachelor of Science degree in Business Administration with a concentration in accounting. She graduated Summa Cum Laude from East-West in 2016. She is multi-lingual and speaks English, Russian, Polish and Ukrainian.

Sofia remembers her childhood days in the Lviv region in the Ukraine with fondness, realizing how utterly defining it was for her life and career path. Her parents were teachers as well as young students when Sofia was born. Sofia was raised by her grandmother, who was a tailor. She is fondly remembered by Sofia as kind, generous, strong and ready to sacrifice her needs for Sofia’s well-being.

Sofia’s path as a leader became apparent in the early years of her life. She always surrounded herself with children of all ages, organized concerts for locals, helped veterans with basic household chores and helped clean the streets. There was not a stray dog or cat that did not get adopted by her. Sofia and her husband Rocco have a son, Nicholas and they reside in the northwest suburbs of Cook County.

Estrada’s educational background is grounded in social services and business, including an MBA from the University of Illinois at Chicago, an M.A. in Social Service Policy and Administration from the University of Chicago School of Social Service Administration, and a B.S. in Psychology from Loyola University of Chicago.

Keynote Speaker

Ricardo Estrada

The Year Award

May 4, 2018

Sofia Mikolash-Georgiev

By Staff

Congratulations to East-west alumna Ms. Sofia Mikolash-Georgiev, Business Administration major, class of 2016, on receiving Alumnus of the Year award.

Estrada has nearly three decades of leadership experience in human services, philanthropy and government. Prior to joining Metropolitan Estrada served as First Deputy Commissioner of the City of Chicago’s Department of Family and Support Services (DFSS). Before that he served as Executive Director of Erie Neighborhood House in Chicago, where his accomplishments included founding the Erie Elementary Charter School.

Estrada’s educational background is grounded in social services and business, including an MBA from the University of Illinois at Chicago, an M.A. in Social Service Policy and Administration from the University of Chicago School of Social Service Administration, and a B.S. in Psychology from Loyola University of Chicago.

Advice for New Freshmen

Juan Gomez, CIS, class of 2018

Figure out what type of person you are. If you like waking up early, then morning classes should be a breeze. If you are on the latter side, then try and take more evening classes. One of the biggest mistakes you can do is sign up for a class that you will constantly miss or be late to.

Deesire Richmond, Behavioral Science, class of 2018

Take things one day at a time. Set time aside to focus on school. Make sure that you study, and take notes. Don’t be scared to ask questions. Form study groups with your peers. It is also best to continue to find ways to stay motivated because there will be times when you feel overwhelmed.

Shehan Saleem, CIS, class of 2018

Keep in touch with the lecturer and make a schedule for each quarter. And make sure you attend all lectures on time. You need to make good relationship with friends and exchange communication methods, this will help you to do all your homeworks. Take notes on all lectures; if you have any questions you can ask someone or you can go to the library and refer. Good luck with your studies!

Virendra Raval, Business, class of 2018

First quarter is very important for any student coming to school, you learned lot of things in first quarter and at the same time you have lot of questions and queries in your mind. You are not aware about the system, class, environment and not even about the map of the building and most important how to go ahead for your graduation. A lot of activities are involved to complete your graduation quickly and successfully. I have learned below listed important facts about the East-west University.

• East-west University has the excellent process and system to help the new students to settled in school very quickly and smoothly.
Each person of the University try to help at each level starting from overseeing your course or subject selection to your final placement and your professional life.

East-west University provide you online platform which keep you updated about your course, course material, attendance, evaluation, upcoming events, days special activities and many more. Not only that; you will receive the email for each and every new activities and development happened in school.

Linda Hall, English & Communications 2018

My advice for the new Freshmen at East West University- Always ask questions. Make sure that you know what you need to do. Always ask for help when you need it. Many of the instructors here will help you if you are having trouble with your class. The most important advice I can give is: Go to your classes. When I first started at East West University I went to class every day until I started meeting and hanging out with friends. My attendance was terrible and of course my grades suffered for it. The crazy thing about it was I’d be in the building but would rarely go to my classes! There’s nothing wrong with hanging out and enjoying the college “experience” but there is a time for fun which is after class. When you miss class, you miss the instructions and the assignments which will affect your grades.

The best advice I received at that time was from an instructor who asked my friends and I, “Why not go to class when you are the one paying for it?” I thought about it; Why would I not benefit from an education I’m paying for? I realized that it really didn’t make sense as I put forth an effort to attend my classes.

Elzbieta Stanisz, BHS, 2018

The first important thing I want to share with you is to be confident of what you want to do, who you want to become, what is your message to the world. You must remember that you have to work hard to succeed in university, because if you do, it will bring you success in your life.

So, study hard, come to class (attendance is very important), participate in group projects, ask questions, be responsible and friendly to others and follow teachers instructions. Good Luck!

MY EXPERIENCE AT EWU

Kassandra Owusu- BHS (Psychology)

My beginning experience at EWU was quiet but boring. When I first started here I was very focused on everything that needed to be done and how it was supposed to be done. As soon as I got comfortable at the school and started making friends, my grades started dropping due to less of going to class. I believe if I wasn’t hanging around the wrong crowd, I would be where I want to be in life and actually ready to pursue my career. Make sure to get the right friend(s) to help steer you in the right place. Just having that one friend that is focused and knows what they want could actually help you and make you want to do better. It’s never too late to get yourself together and do right by any means.

Shehan Saleem, CIS, 2018

I’m an international student at East-West University. EWU has helped me in many ways. I did my higher national diploma in Computer Information Science, my adviser helped me to transfer all credits here and then they tracked me in good way. I thank all staff members of EWU for helping me in all the ways. CIS department was friendly and have good lectures.

Rochelle Ford- BHS, 2018

I was told that I may graduate in June, but I’m not certain right now. My advice for the incoming freshman is to ask questions without hesitation, seek tutoring if offered, seek counseling like from your advisor if trouble arises, and if you are registering for classes, don’t always do four. The reason why I say don’t always do four, is because four sometimes can be overwhelming depending on the workload; then that’s when you want to drop that course. I know because I did this several times. Now once you’ve dropped that class, it’s possible that you will have to still take that course, depending on when it’s available, or when it’s a prerequisite for your major. Most of all, don’t give up in spite of any challenges. I must admit there were times that I took a course, and all of a sudden because I didn’t like the class, I decided to not do my best and failed. I’m hoping that I don’t have to retake that class, because I was told I could graduate this year if I get up to the right amount of credits; but if I do I would just have to deal with the challenge and just ask questions. Another advice I want to give is to be on time for class, so you won’t miss out on anything. My college experience was easy and difficult because of the courses I’ve been taking, and I haven’t been approached in a bad way by anybody. I’ve had some flaws and still do, but I can’t give up. Otherwise, outside of going to school, I don’t do much fun activities but just listen and look at videos, listen to music, go out when I have or need to do so, and play with my sister’s dog when he’s over. I’m also quiet, kind-hearted, and get attitudes sometimes when things are not going right for me; but everyone does at some point.

Deesire Richmond, BHS, 2018

My experience at EWU has been okay. I feel that it could have been a lot better if there were more social work classes offered. Besides that, I would also say that my experience has really been a learning process. I have learned to adapt to many different things. I learned how to prioritize school and work. I’ve had times when I failed tests but managed to pass my finals with B’s and A’s through a lot of hard work and perseverance. I have dealt with feeling emotionally, physically and mentally drained while fighting to complete assignments and go to work. I have learned the importance of thinking about the bigger picture when it comes to doing my best so that all my hard work and struggles pay off in the long run. My experience has taught me that self-accountability is very important and that sometimes your lowest moments come before your breakthroughs.

Elzbieta Stanisz BHS, 2018

To describe my experience on EWU I could write few pages. There is no room for to do that here:) To make long story short I will say that my experience is great! I met students from entire world from different cultures which makes my life richer. All professors are very educated and so helpful.

I appreciate their help and care. I also have very good experience with office crew, I enjoy stopping on eighth floor and ask for any help; they are always very nice and so helpful.

I will miss East-West University!

Linda Hall English and Communications 2018

My college experience has been a very positive one. I’ve recently returned to EWU after being away for quite a while. I decided that I wanted to return to school to finish my degree program so I contacted admissions and after a couple of meetings with an admissions counselor (Mr. Dukes) and the financial aid director (Mr. Campos) I was registered for the winter quarter with no hassle. I guess I can say I was welcomed back with opened arms. The teachers and counselors here really want the students to succeed. I’ve observed the Professors on several occasions approach their students to ask them if they were okay; if they were having any trouble with their class; and if they needed any help. They really will help, all you have to do is ask.

CONGRATULATIONS, CLASS OF 2018!

BY LINDA HALL, ENGLISH AND COMMUNICATIONS, CLASS OF 2018

As we approach the end of the school year I want to congratulate the class of 2018 on all of their hard work. I know that it hasn’t been easy and I commend you for making it this far. As we know, the journey does not end at graduation, this is just the beginning and so I wish you all the best and much success on your future endeavors.
MY HOME COUNTRY
SRI LANKA
BY M SHEHAN SALEEM

Sri Lanka is a beautiful country located in the Indian Ocean, it is referred to as the Pearl of the Indian Ocean. The capital city of Sri Lanka is Sri Jayewardenepura Kotte. The country experiences a tropical climate with temperatures ranging in between 20-30 centigrade. The country gained its independence on the 4th of February 1948 and the national anthem is Sri Lanka Matha. The central hills of Sri Lanka have a cooler climate with two monsoon winds emanating from the north east as well as the south west. The winds bring with them rain which is received in many parts of the nation. The country has a breathtaking scenery comprising of mountains, rivers, tanks, waterfalls, forests, flower gardens, birds, animals, ancient cities and beaches. Sri Lanka’s economy comprises of trade and agriculture with the major exports being tea, coconut products and also rubber. Other exports are inclusive of spices like cinnamon, cloves, pepper and cardamom that are exported to other nations (Fernando, 2017). These exports play a big role in earning the nation foreign revenue which is used for development purposes. The staple food for the people of Sri Lanka is rice; with a lot of paddy lands in the nation, rice is symbol that shows the prosperity of the country. In 2004, the country was hit by an unfortunate tsunami that killed a lot of people.

SPECIAL CULTURE SYMBOLS IN ASIA
BY ZIYAN XIANG

This is a very beautiful street decorated with red lanterns in Hong Kong. I took the first picture in January of 2017. Every year in January or February is Chinese Spring Festival, which is one of the most traditional and oldest festivals in China, one of the most essential constituent parts of Chinese culture. Now, traditional Chinese Spring Festival culture being universally recognized among Chinese people around the world, not only that, more and more foreigners are interested in and understand more about it. According to traditional Asian cultures, such as Japanese and Chinese, fancy carp(koi) brings good fortune, or wealth, strengths and prosperity, in some park ponds there are fancy carp swimming and vow to them become more and more people’s wish for good luck. The second picture I took in an antique park in China; there is an attraction in the park always filled with people, and when I looked closer I realized they were watching fancy carp in the pond and were making a wish to them, even like Western Wishing Pools, they are throwing coins to show the sincerity. I believe that a festival is an example of culture. Culture is the language, beliefs, values, norms, behaviors, and even material objects that characterize a group and are passed from one generation to the next. Refer to the definition of Chinese culture, which (simplified Chinese: 中华文化; traditional Chinese: 中華文化; pinyin: Zhōnghuá wénhuà) is one of the world’s oldest cultures, tracing back to thousands of years ago. The area in which the culture is dominant covers a large geographical region in eastern Asia with customs and traditions varying greatly between provinces, cities, and even towns as well. Important components of Chinese culture include ceramics, architecture, music, literature, martial arts, cuisine, visual arts, religion etc. Lanterns are the most important decoration in Chinese Spring Festival, not only in some iconic Chinese metropolis like Beijing and Shanghai, even in Hong Kong, which is an international metropolis of China, many streets there filled with red lanterns in every Spring Festival. Beside Hongkong, Macao, Taipei and other major Chinese cultural areas in the annual Spring Festival are also full of joy of the traditional Chinese New Year atmospheres, you also can see the lanterns anywhere in these cities. The second picture I took in an antique park in China; there is an attraction in the park always filled with people, and

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Feng Shui culture also teaches that statues of fancy carp will bring good fortune to your home or business. Fancy carp paintings are typically done in watercolor, which is a traditional Asian painting method, you can also find some extraordinarily beautiful embroidered art pieces featuring fancy carp swimming in beautifully landscaped ponds. They are the symbol of prosperity; in your home, you can place and decorate them – this attracts prosperity and good luck amid adversity or difficult times.

Therefore, fancy carp is an obvious example of symbolic interactionism.

Symbolic interactionism means a theoretical perspective in which society is viewed as composed of symbols that people use to establish meaning, develop their views of the world, and communicate with one another. Symbolic interactionism is the basis of social life, and the basis of symbolic interactionism is a sense of shared meaning. Good luck, or wealth, strengths and prosperity of fancy carp is a shared meaning of Asian people, especially in China and Japan, even South Korea. We can conclude that fancy carp is a shared traditional culture among Asian people, too.

Working parents mostly leave their children with grandparents or relatives. If the children are in the daycare, they pick them up after work and spend the whole time afterwards with their children only. Whenever parents are off work they spend more time with their children. The way they approach their children is different from the USA. Parents always are involved in their children’s lives and help them to make a good decision. Children are free to make the decision but parents are involved in their children’s personal matters with love and care. Children can object that it seems like too much control, but it’s not. It is a showcase of love and care.

In a family everything happens with fathers or mothers permission only, it can seem to be like sticks but that’s the way to do things before something wrong happens.

Children are close to their parents, at least to one: father or mother. Siblings also are close to each other. At least families eat their one-time meal together. Families give more importance to the gathering and discuss everything or sharing while having the meal. Birthdays, weddings or whatever function the whole family goes together and enjoy the event or function.

Mostly, children don’t have a single parent. If the father or mother died, the other partner rarely get married again. And also if the children don’t feel good with the new parent, their relatives take with them. Nannies look after the kids, but parents take more attention than the USA parents; they don’t allow everything to done by the nanny. “As a mother gives up her own life for the sake of her child...” This self-sacrificing love, love that seeks to protect and benefit, to feed and teach, even that the extreme cost, is a mother’s love. It is practical, caring and generous, and it is selfless” -- so taught the Buddha.

In my religion, parents have five obligations. First, parents should be very careful to steer their children away from bad ways such as lying, cheating, dishonesty, revenge, and etc. Second duty of parents is that they should persuade their children to do good. Second, by their words and by their example parents should persuade them to develop and manifest good qualities such as kindness, obedience, courage, honesty, perseverance, simplicity, good manners and other kinds of virtue. The third duty of parents is that they should arrange a suitable partner in marriage for their children. There are two types of marriages: love marriages and arranged marriages. Marriages are either brought about by love or they are arranged by parents. It is a paramount duty of parents to see whether the marriage of their children would develop into a life-long companionship because marriage should start with love coupled with the advice of the parents. It should, however, develop later in life into a companionship. The wife is called in Buddhist literature “the second most important person in one’s life”, the Pali term is “dutiya”. The wife is also called “the best friend”.

The fifth duty of parents is that at the proper time they should hand over their inheritance to their children. During their lifetime loving parents not only do everything for the prosperity and well-being of their children, but they also make all preparations and arrangements for their future comfort and well-being. Their ancestral property,

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activities and understand their level), emphasize the importance of family time which is gathering at least for one meal, dedicate one-on-one time to each child, be trustworthy with each other. Practice active listening without distractions and with love and care, have relaxed, side-by-side conversations with children, review rules and increase privileges as your children get older, include them in decisions, encourage children to take on challenges and find independence.

There are many ways to make the relationship between parents and children understanding and strong.

**MOTIVATIONAL SPEAKER KAREEM WELLS BY ANDREW LANCE**

The idea of breaking your limits is a constant theme of the human race. Few people understand what it means to break one’s limit and even fewer actually go about breaking their limit. However, Kareem Wells is one such person who understands the methods of breaking the limits that bound him. A backstory is needed on Kareem Wells. To start, he first started selling drugs at the age of fourteen (14). He later went on to have his first child at the age of sixteen (16) which was then followed by dropping out of high-school. He wanted to be a part of his child’s life, as his father was never a part of his, so he put more time and effort on making money to support his child. From here, Kareem would go on to getting one of the most motivational pushes of his young life: he was told by a close friend to leave the streets and work on his music. Kareem did just that and started working as a busboy for a country club. It was there that he started to understand the deeper meaning of breaking one’s limit as he went from doing hard work and started putting in heart work, as he says.

His work as a bus boy would lead him to taking one of the biggest steps of his young adult life as he went back and got his G.E.D. and started striving for better and greater things. Soon he landed a chance of a lifetime, about which Kareem says “500’000 no’s in life equals 1 yes of opportunities” and it was that one yes that changed his career: Kareem landed a commercial where his line was “SUV with a Ph.D” and his delivery of this one line opened the door to a flood of chances that he’s yet to live down. These chances were performing at Bar mitzvahs and Bat mitzvahs and as reputation and skills grew so did his income. This growth was only building upon his already set framework as a person and as a man. This framework was his integrity and his drive for wanting to provide for his family.

Throughout his years, people have left a lasting impression on him and vice versa but none better than the friend who got him off the streets named “Chief”. While everyone has a friend, Chief was more than a friend to Kareem, he was an anchor to what he used to be and what he would use to push himself forward. However, Chief became incarcerated but would remain in contact with Kareem. They looked forward to the time when once Chief was free, he and Kareem would still laugh, joke, and remember their younger days as they spent time together, and they would enjoy life outside. However, tragedy struck. Chief called Kareem to tell him the last words they would share, a simple and brotherly ‘I love you’. The next day Chief was found dead, shot in the face.

Moments in time shape who we become and where we go in life, but they never hold us back. Kareem uses this logic to push himself farther and farther beyond his limit as he started the H.O.P.E foundation, H.O.P.E. stands for Helping Other People Excel, and that is where his nickname KWOE comes into play. KWOE stands for Kareem Wells Of Excellence.

Kareem Wells is one of the people who shows us that no matter what, the word impossible isn’t a word and as this writer knows ‘Try or try not, there is only do or do not.’ The only thing holding you back from a chance is your own self doubt. The story of Kareem Wells proves that the self doubt is a mindset that you should accept and then walk past. Find what you enjoy, because only putting it in the hard work will leave you burned and tired. As Kareem says ‘Put in the heart work, not the hard work’.
look like only part of the play, she gets right back up and keeps skating. Another may be winded; she bends over at the waist, takes some deep breaths, as she keeps on skating. They always keep skating. Practice goes on for hours, several days every week.

At the end of what seems to me would be a grueling two hours, but to them, seems just the routine, the women come back to where I am sitting, to remove the mouthguards, take off the helmets, the shin guards, the elbow guards. There is not much talking going on as they shed this armor. But it isn’t long before they transition into just a group of young women again, calling out their ‘goodnights’ and heading down the metal stairs out into the dark night, when they disappear into the darkness.

It’s unfortunate that too many people still associate the sport of roller derby with the Wrestlemania style antics of the televised banked track derby of the 1980’s. It is a serious competitive sport that needs to be recognized as such. As the sport of roller derby is growing in popularity, people are beginning to realize how much discipline and training, drive and focus is required of the players. For the spectators, the games are always an adrenaline rush, and one that is addictive. Whether you are in the city or the suburbs, coming out to see, at least, one roller derby game is worth the effort. I must admit some bias. When I was a little girl, my dream was never to be a ballerina or a bride. I wanted to be a roller derby girl; thrill at the excitement of flying across the wooden floor, round and round, ahead of my opponents, risking life and limb, scoring for my team. Watching this practice reminded me of this dream, and of the excitement of the game. This season, I hope to see you in the crowd of spectators. For those who cannot be on the team, it’s the next best thing.

For more information: http://www.windycityrollers.com

Bonnie Jean Adams is a native of Chicago, IL, who has traveled widely in the United States and overseas. She holds a doctorate degree from Loyola University Chicago in Educational Leadership & Policy Studies, with particular focus upon the philosophical and cultural foundations of education; the study of how culture influences learning, and how people learn. Her research about culture and communication has been published in academic journals and presented at conferences. She has been an invited speaker at the Chicago Chapter of the Engineers without Borders Conference. Her research about cultural concerns has been published in sociological textbooks used at university. In the field, Dr. Adams has worked doing research with the Houma Indians in Houma, LA, and with the Lakota Tribe on the Pine Ridge Reservation in South Dakota. In her own private tutoring business, A Different Drummer, Dr. Adams has tutored students of all ages and abilities, with her primary focus being work with special needs students.

A member of the National Writer’s Union, Dr. Adams has also worked as a citizen journalist, writing a daily column online as Chicago Culture & Events Examiner. Having always wanted to emulate her favorite authors with a list of unusual occupations in the experience category. She has worked as an activity director in a mental institution, an animal rehabilitator, a personal shopper and a bartender among other occupations. She is currently working on a novel.

I am totally surprised and mesmerized by the transportation facilities of Chicago.

Chicago has very nice road, rail and air transportation. It has 2 big international airports, O’Hare and Midway. O’Hare airport is voted as the best airport in north America for 10 years by Business Traveler magazine and Global Traveler magazine. It is second busiest airport in the world. Midway airport is the second largest airport in Chicago.

Chicago has the amazing and fabulous train system which impresses me a lot. Chicago has the second largest transportation in United States. It makes life very easy. There is always a train available after 5 to 6 minutes and the buses are also available frequently and we have special buses (pace buses) to travel in suburbs (small villages) and there are connecting trains to city of Chicago there are buses too to move in the city. The trains and buses which move in the city of Chicago run under CTA (Chicago Transit Authority). Some of the buses and trains which runs under CTA are 24 hours. This transportation facility allows the people to stay in suburbs and works in city of Chicago and vice versa.

The facilities are very good, that is an advantage, but reasonable transportation fares are a plus point of Chicago transportation system. There are many different pass system which give unlimited weekly and monthly CTA and pace rides, but Metra (fast trains) are a little bit expensive. Still we have options for metra available and there are metra passes also available which are little bit expensive but still convenient.

This wonderful facility has made my life easier and simpler and I hope that it is applicable for all chicagoleans who don’t have their own cars.

CHICAGO TRANSPORTATION: BY RIDDHI MODI

Life is longest journey and all of us are travelers. Faith, hope and compassion are the most important medium of traveling; physical travelling and moving is also very important, especially in the city like Chicago which is geographically the third largest city. As a new and first time traveler to the States and Chicago city, its transportation facilities charmed me a lot.

EWU Student Success Center

EWU SSC is a resource you can use to help you through school. Achieve your full potential! Combat stress! Just stop in to talk or come by to set an appointment. We at the student Success Center are dedicated to helping students achieve balance and wellness in their lives. Whether it is coming up with some strategies, or needing someone to simply listen, We are here to help. Room W319, 312-939-0111, ext. 1301.
GAMES TO PLAY ON YOUR FREE TIME

BY: ABEL TORRES

Ever have spare time on your hands and don’t know what to do? Or ever find yourself bored and wanting to do something but not sure what? Well, have you ever considered playing video games or computer games? I have a few games that I recommend trying out should you be interested in playing computer games.

If you are looking for a game that isn’t very intense and just calm and slow paced, then I’d recommend playing Old School Runescape. This game has been around for quite some time and there are many things to do in the game like level up stats, doing quests, even pvm and pvp (Player vs Monster/Player vs Player). I have been playing this game since 2006 and still do. The best part about it is that it’s free to play. Website for this game: http://oldschool.runescape.com/

If none of these games catch your attention, then I would recommend downloading Steam on your computer, as you will be able to browse through many games and filter out games that you are interested in. There are many free games to play but you would have to look for them. There are also a bunch you would have to pay for – it’s all a matter of what you’re looking for! But before purchasing be sure that your PC can run it! Steam website: http://store.steampowered.com/

Enjoy your game!

HOW VIDEO GAMES DIE

BY LOUIS KLINE

In today’s world, there are countless video games that are available to play for all kinds of systems, and many (in fact, a great majority of them) still exist, and can be as easily played as turning them on, pressing start, and having a good time. However, an increasingly modern phenomenon with video games is the fact that they are becoming increasingly ephemeral, as a shift away from physical media leads to pure digital distribution.

Sometimes, games may simply change a great deal from their original vision and gameplay, to the point of practically being different games entirely, with no way for older players to play “Their” version of it, officially. This is especially prevalent in MMORPGs (Massively Multiplayer Online Role Playing Games) such as World of Warcraft, Runescape, or Final Fantasy XIV, which infamously took down the entire game and rebuilt it from the ground up.

Another way multiplayer games can perish, as Final Fantasy also demonstrates, is if the developers, or whomever decides to pull the plug on the servers. Sometimes games are removed from distribution digitally entirely, meaning even non-multiplayer games can disappear, like had happened with Scott Pilgrim Vs. The World after the publishing license expired, P.T. After Konami removed it and canceled the game it was teasing, or the entire contents of the wii shop channel after the ability to add currency to it was removed. Even older video games, that are purely hardware based, suffer from this, since they are out of production, and the ravages of time can and will ruin the playability of old arcade games, game consoles, and so on.

Acknowledging & Accepting Past Regrets

BY CASSIE K. MOJICA

On April 18th my English class attended a spoken word performance performance by the P.O.E.T. group.

Everyone in P.O.E.T’s spoken word were not only passionate about what they spoke, but they were also genuine. I started to realize it wasn’t only poetry but these were pieces of their lives they were sharing with us. I connected with Blaq Ice in the sense of loss. He bravely shared in his poetry how he lost a child to cancer fifteen years ago. When he was a teenager, his then girlfriend, had an abortion, and he felt responsible for & wished he acted differently at the time. He experienced what she had experienced during her abortion, when he lost his son. He wrestled with his faith, believing it may have been a form of punishment from god. My stepfather had always struggled with mental health, and at the time, found it to be a burden, now that I walk in his shoes, going through his experience, I have genuine sympathy for his day to day struggles, as well as guilt (i myself oftentimes wonder too, if i’m being punished by god.) He passed away before i started my own battle with mental health. I now use his remembrance as my weapon against personal demons.

Soccer Business in USA

BY MYKHAYLO MOSKALYK

MLS is professional soccer league in USA, formed in 1988. It had very bad and unprofitable past with surprising new history starting from 2007.

MLS experimented with rules deviations in its early years to try to “Americanize” this sport because it was called a foreign sport. This is the biggest mistake the owners of this league made which cost them more than 10 years of unprofitable project. However, starting 2007 owners made right decisions to make this league stand out in the world and to be famous. Owners did business plan where they started from the base and knew each segments of this sport for which people were starting to like soccer more and more. Segments like kids academies, TV rights by signing contract with channels (a lot of money), marchandise, bringing some famous players so people could actually come to the stadiums to watch them play and also building new tech stadiums which only related to soccer. And it worked!

Now MLS is going on 6th place in the world by attendance on stadiums (22,106) which means people actually like the sport and are willing to come to stadiums every single game. Also, the business structure that they build will give its benefits in the future for many years. NBA and NHL have very big competitor with much stronger and newer ideas for the future.
LEARNING HOW TO EDIT VIDEOS
BY SAMANTHA SEPULVEDA

Ever wanted to edit video for a friend on their birthday, cherishing the moments you had together or wanting to start your own channel on YouTube? Learning how to make a video is easier done than said when you have the right tools and good quality pictures/film. At first, it may seem complicated with the amount of tools that are provided and not knowing which ones are right. To better understand the process, research has to be done and be explained step by step while providing softwares and advice.

I am going to explain how to edit videos, knowing if there is a certain computer to use, and if the software of the computer is complex enough to edit the video as well. When editing a video there are steps to consider. To begin, organize the footage for the editing process to go much smoother. Watch the footage a couple times to make sure the correct clips were chosen. Also, keep in mind to not overdo the effects. With a lot of effects being in a video, the viewer’s attention won’t be able to focus being in a video, the viewer’s attention won’t be able to focus.

The final step is to share it on whichever app you’d like for others to see, by having a share option that will export immediately to social sites. It seems like few easy steps to follow, but the main idea is to have the right tools in order to be able to do so.

Overall, the process of editing may seem complicated with the amount of tools, softwares and steps that comes with it. But as soon as you are able to find the right tools and gain information, you can get started on it right away and share it to everyone you know! Editing videos is a fun process due to one becoming better and more creative each time.

SUMMER FUN
BY MUSTAFA ALMALIKI

Congratulations to all East West students on a successful finals week! Now that you’re done with your studies and gearing up for a summer of relaxation and recreation, you might be wondering where to find that precious R&R. To answer your prayers, the Phantom Press has compiled a list of activities and events you can do over the summer.

THE TROMBONE
BY ROBERT LOCKETT

The trombone is considered to be a brass instrument that operates in the tenor range. As a low brass instrument the trombone is read in bass clef on the staff. The main thing that separates the trombone from the other brass instruments is the fact that it does not utilize valves as buttons. To play a trumpet you half to buzz into a mouthpiece to generate the vibration for the instrument to output as a musical note. Three valve buttons are connected to the tubing of the trumpet and by pressing a combination of buttons a variety of notes can be played. The trombone does not use that valve button system. The trombone utilizes it’s tubing as a slide to adjust the length of the instrument.

The trombone is unique because of its reliance of the slide. The slide gives this instrument to perform a technique called a glissando. This is able to occur when a slide is moved between performing notes. It takes a good amount of air from the user to be vibrated through the mouthpiece at different rates to play this instrument, which is a requirement for all brass instruments in this category.

To answer your prayers, the Phantom Press has compiled a list of activities and events you can do over the summer.

- 4th of July Fireworks Show
  - Date: 4th of July (duh), Wednesday
  - Location: All along the lakeshore and if you’re lucky, Navy Pier.
  - Cost: Free.
  - Summary: Spend the 4th of July in Chicago. Have a barbeque on the beach and parks surrounding the lake then wait for nightfall to view the spectacle of the year. The 20-minute fireworks show along the lake will light up the sky and rival the city lights in its magnitude. There is nothing like seeing the night sparkle and seeing the reflection of those same fireworks on the lake.

- Taste of Chicago
  - Date: July 11th (Wednesday) to July 15th (Sunday)
  - Location: Grant Park in Chicago, IL.
  - Cost: Varies. You can purchase a “taste ticket”, which come in pack of 12, for $8.50. Each item costs a certain number of taste tickets. Some are 3; some are 24.
  - Summary: Taste of Chicago is the biggest festival in Chicago period. Come out and taste the classic foods Chicago has been known for as well as new imaginative
items that push the limit of your stomach and sample the ethnic cuisines of our diverse city. Taste of Chicago has it all: food, music, and more food. Visit and fill yourself up on the most delicious food around.

- Chinatown Summer Fair
  - Date: July 15th (Sunday)
  - Location: Chinatown Chicago.
  - Cost: Free
  - Summary: This iconic festival has something for everyone. It opens with a lion dance procession then Asian performances (including kung fu demonstrations). There is an assortment of Asian restaurants and flavors as well as special gift shops. Street vendors will line the streets and show off their unique merchandise. There is also a petting zoo and pony rides so it's an event for everyone.

- Lollapalooza
  - Date: August 2nd (Thursday)-August 5th (Sunday)
  - Location Grant Park in Chicago, IL
  - Cost: $$$ Varies. A layaway general admissions ticket will cost $87.25.
  - Summary: Lollapalooza is the biggest music summer festival in Chicago. It's a four day event filled with music, food, and dancing. The 2018 lineup includes such hit makers like Bruno Mars, The Weekend, Camila Cabello, and more. So go rock out and enjoy the night with some of the best pop artists. To find more info or to purchase your ticket, click here.

A new Python course is offered for FA-18.

- CI221 PYTHON I
  - PREREQUISITE: CI101
  - Computer and Information Science department offers Python Programming course for FA-18
  - Time: Mondays and Wednesdays (12:00 PM-1:50PM)

- An Exhibition of Works by Amna Siddiqui, Faisal Mohyuddin, Minaa Mobsin, Niaz Siddique, Sadia Uqaili, Urwa Zubair and Zafar Malik

Faaslay, an exhibition of art, film and poetry, brings together the works of several Pakistani American artists as they investigate what it means to traverse the borders between familiar and unfamiliar, reachable and unreachable, reality and imagination. The exhibit explores each artist's respective journey into and out of the realm of memory and migration as they negotiate the emotional geographies of distance, separation, loss, longing, discovery, and creation.
Rhymatic chaos rules the street
They are up at six and not for a test
they put on their best dressed in a vest
24-7 it's gunshots and drive bys
No time for hoops just posted troops
It's open wounds that bleed like rain oh what shame that well planned schemes are the ultimate dreams
And still a mother cries because in her dreams all she sees is two dead eyes looking in hers praying for her demise

A SONNET FOR MY MOTHER:
YOU WERE THE ONE
(IN LOVING MEMORY OF
LAURINE HINES SANDERS)
COPYRIGHT C 2013
BY LORETTA HAWKINS

Mom, you were the one that saved me - that gave me - Life
You were the one that taught mw - fought for me - through strife
You were the one that believed in me - relieved me - from pain
You were the one that allowed me - to remain - sane. You were the one that let me - that bet me-that I'd succeed You were the one that allowed me - to believe You were the one that cried for me - would die for me - and not blink You were the one that stood by me - held me up - so I would not sink. You are the one that I will show - that I know - your heart And because of your maternity - for eternity - we can't part. You are the one for whom my love goes on - forever And for whom love shall not die - cannot die - Not ever As long as God's meandering rivers, can always find the sea
The precious love I have for you, will always simply: be.

ONLY ONE THING
COPYRIGHT 2015
BY LORETTA A. HAWKINS

I think about slavery - A time that use to be I think of our people - And so clearly I see. We were brought to this country - to be the animals of whites With no thoughts of humanity - with no human rights.

We were bought just like cattle - we were sold just like swine. We were branded with fire - From pure white - hot iron. We were bred just like horses. We were raped by slave masters, And the children we bore, were by the owners called bastards.

We were hanged from the trees - whipped - 'til black backs ran red. While our children watched forcefully - so they too, would be afraid. We slaved sun-up to sun-down, and if short - mutilations To control sexual desire, black men knew castrations.

Of all the atrocities in history of things done to us Only one thing was done to animals, that was not done to us. There is only one thing that was done to animals - that was not done to us. We thank a Merciful, God Almighty - that they didn't - eat us.

Loretta A. Hawkins (FIREKEEPER) is an American playwright, poet, author, social activist, spokenword artist, and retired educator. Born in Winston-Salem, North Carolina, she grew up on the west side of Chicago, Illinois. She has earned five degrees from Chicago City College, Illinois Teachers College, Governors State University and The University of Chicago. After having taught school for thirty-four years at every academic level, she reinvented herself as spoken-word artist. She is the creator of four full-length plays, two educational workbooks, three children’s books, a novel, a book of short fiction, and her poems have appeared in anthologies internationally. Hawkins’ work of various literary genres, have appeared in the following publications: African Literature today, Teaching Today, Major Poets, Individual Psychology Reporter, The University of Chicago Magazine, and Education Week, among many others. She has won awards in all major genres. In 2016, she was awarded a Lifetime Achievement Award from the National Poetry Awards Society. Her first CD, Only One Thing, was awarded the Best Spoken-Word CD of 2017. Her play, Of Quiet Birds was recipient of First Place Prize for 2017 National A Taste of Theater Playwriting Competition. Her poetic name is Firekeeper, and she is a member of P.O.E.T. Inc. (People Of Extraordinary Talent.)

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TRENDS OF VINTAGE STREETWEAR
BY ANTHONY BONNEY

The trend of Vintage fashion began way before my time, but a very good era for fashion that has an effect on today’s age is the 90’s. In that time frame fashion went to the next level. It was a lot of trends that are now taking a punch in this generation today such as football jerseys, Air Max’s, etc. I will give you the top five trends that you should have your eye out for in today’s fashion.

“Warmup Pants” These pants took fashion to another level when they first dropped in the 90’s with vintage “Champion” and “Tommy Hilfiger”. These pants have a windbreaker type style that can sometimes be hard to find unless you do a lot of thrifting. Today a lot of clothing lines have these pants such as “Supreme” which has a couple different collections with warmup pants.

“Oversized Tees” These t-shirts were a huge fashion trend in the 90’s that everybody

“Nike Air Max” The first Nike Air Max was created in 1987. The Air Max 97 and Air Max 98 were both classics and a lot of people today are doing a lot of collaborations with these Air Max’s such as “Off-White”, “Supreme”, etc. You can find original Air Max’s at most shoe stores for retail price of $170.00. This shoe is one of the top trends from the 90’s that are popular now.

Continued on page 12
I ever purchased. It was the soundtrack for the luminous animated feature, The Prince of Egypt. I recall it vividly to this day. However, I can’t remember the last CD I bought, seeing it’s been so long. I’ll accept to being a late adapter when it comes to new technology, but even I haven’t purchased a CD since at least 2006. For about 10 firm years I’ve used either an iPod or smartphone for all my music needs, but I still see CDs all over.”

In Jeff Dunn’s article at businessinsider.com, he states, “Kanye West’s “The Life of Pablo” became the first album to go platinum in the US through streaming. It’s been streamed more than 3 billion times since it’s clemency in February 2016.” Spotify and Kanye are two titans in their fields, but the broadcast points to a trend: Streaming is the new routine for how Americans listen to music. According to the RIAA, streaming delivered more than half of the US music industry’s earnings in 2016. This comes after Nielsen said earlier this year that on-demand streaming had accumulated more revenue than digital album and track sales for the first time in 2016. Whether Spotify or music labels can make sustainable profits off streaming is another inquiring, but it’s clearer than ever that this is the bed that’s been made for them. Also in his article, Dunn argues that the verdict of mixed analysis and expansion from the tech companies Philips and Sony, Compact Disc technology was designed to harvest both better-sounding audio, and a more convenient audio device and player. While the public wouldn’t get their paws on the jewel-cased mini-records for several more years, the first CDs ever pressed were debuted to the media on March 8, 1979.

CDs were ultimately made available for profitable purchase in 1982, when Billy Joel’s album 52nd Street went on sale as a CD in Japan. The first CD ever released in the US was, of course, Born In The USA from Bruce Springsteen. CD sales spiked in 1999 and 2000 (makes perfect sense when you consider TLC came out with “No Scrubs” in 1999 and Destiny’s Child dropped “Say My Name” in 2000). In 2000, 730 million CDs were sold in the U.S. alone. But in 2001, the CD business took a hit, dropping to 712 million, and then down to 649.5 million in 2002. Not accidentally, the first iPod was released in 2001. CD sales have been declining in the US ever since, but they’re still selling well over a hundred million per year.

If we’re measuring the of scrolling through numerous amounts of CD’s, digital music inconvenience definitely wins. All your music from album to album easily accessible and at your press command. Most cars come with axillary cords enabling digital music play from phone-to-car. Also I remember the age of the mp3 player which me a visual of my music without CD player. Bottom line is; the more accessible the music, the more drawn in the listener will be. “The age of streaming music has arrived in full force, displacing both physical sales (e.g., CDs) and downloaded songs (e.g., iTunes). As streaming has taken hold, U.S. album sales, both physical and digital, have plummeted from a peak of 785 million in 2000 to just 241 million in 2015. The change comes from people switching from purchasing full albums, either online or offline, to listening to individual songs through a streaming platform such as Spotify, Tidal, or Pandora,” says Michael Luca in his article posted in the Harvard Business Review.

In the battle for the ear, Elizabeth King and Al Nelson say CD’s are relevant and they’re not going anywhere anytime soon. A lot of people still use the original route when they want to hear music. They put a CD into a radio system and let it play all through the house as they either cook, clean, have guest over or whatever the case may be. Unfortunately mp3 and bluetooth speaker took that connection from the consumer and CD away. If cars were not relevant, I would say the CD and the CD player would be obsolete as well.

“I miss the old days when you could toss someone’s album out the window if you didn’t like it.” – Wiz Khalifa